

*One Day, One Walk, 26 Miles....
have you got what it takes?*

STEPS ACROSS SURREY 2009 in aid of the Surrey Care Trust
SPONSORED BY FIDELITY INTERNATIONAL

Thank you for your interest in STEPS Across Surrey, our sponsored marathon walk on [Saturday 26th September 2009](#)

It is raising money specifically to support the Surrey Care Trust's work helping young people, who would otherwise be facing a difficult future because of their low achievements in school, to start to realise their potential and achieve their ambitions.

You can find out more about our learning centres, and the other courses and services we run for teenagers and young adults, plus the many second chance learning opportunities we provide for people of all ages at our website, <http://www.surreycaretrust.org.uk> or <http://www.surreycaretrust.co.uk>

STEPS Across Surrey follows a route through beautiful, peaceful countryside less than 30 miles from Piccadilly Circus!

The North Downs and Surrey Hills are so close to London, yet can seem like a world away. Now in its 6th year, this walk is a premier personal challenge event for the south east of England and it is also has a very friendly, sociable atmosphere. We provide lunch and refreshments along the way and at the end of the day.

The walk starts and ends at Guildford. You can walk as part of a team or as an individual. Please note that there is the option of walking half the route, around 10 miles finishing at Wotton. We are asking each person to help us by raising £125 minimum through sponsorship for the walk.

One easy way to help you raise funds is to set up a special fundraising page online at <http://www.justgiving.com/surreycaretrust/> It is a really effective way of collecting your sponsorship money and free to set up!

We are very grateful to Fidelity International for sponsoring Steps Across Surrey which means all of the funds that you raise will go directly to our work.

Once you have returned your registration form, which you can also download from the website, we will send through final details and a sponsorship form. In the meantime, please do not hesitate to give me a call if you need any more help or leaflets or posters about the Surrey Care Trust.

Thank you for your interest

Vicky

Vicky Nash, Community Fundraiser
01483 412751 vicky@surreycaretrust.org.uk

MORE INFORMATION ABOUT THE STEPS ACROSS SURREY WALK SATURDAY 26TH SEPTEMBER 2009

Start/Finish of walk

The walk will start and finish from Shalford Park, Guildford. Parking for cars will be available on the day and exact details will be confirmed.

The walk will start at 8am and on the day you will be able to register from 7.30am. You will be asked to specify your pace on the registration form.

The route is circular taking the North Downs Way up to Wotton then onto the Greensand Way. You will go over Leith Hill, through Shere and finally along the River Wey back to Shalford Park.

Refreshments

Stewards will be situated at various points of the walk to offer support, drinks and help you in anyway they can.

Lunch will be provided for you at the half way point approx 13 miles. Refreshments will be available after the walk at the finish tent.

Recommended Clothing/Equipment

Walking boots, rain gear, light snacks (eg muesli bars), drinking water, sun cream, hat, basic first aid kit (eg plasters), mobile phone, map holder & compass (these will be loaned out but if you have them do bring them along!).

Stewards on the route will supply water and be equipped with first aid kits. There will be a trained first aider available at all times during the walk.

Insurance

Before registering for this event, you should be fit to participate, seeking medical advice if appropriate and inform event organisers of any relevant medical conditions. You should advise the event organisers immediately of any medical condition arising after registration that might affect your participation.

While public liability insurance is in force, this does not cover personal accidents. We reserve the right to remove any participant who does not abide by the rules. Other than as described above, The Surrey Care Trust, its employees, agents and volunteers are under no liability whatsoever to participants or spectators in respect of any loss or personal injury which may be sustained in the course of this event.

Fundraising

We are asking all participants to aim to raise £125 for the Trust. Sponsorship forms are enclosed in this pack and you can start seeking people to sponsor you straight away.

A really fantastic way to fundraise is by setting up a fundraising page on <http://www.justgiving.com/surreycaretrust/>. It is quick to do and you will be able to email all your friends, family and colleagues your fundraising page and ask them to sponsor you online. This saves you from having to collect up the funds afterwards as the funds go straight to the Surrey Care Trust after the event and include gift aid!

If you are using the paper sponsorship forms, please ask your donors to tick the gift aid box, if they are UK taxpayers, and use their full home address with postcode otherwise we cannot claim gift aid.

Please feel free to contact Vicky at the Surrey Care Trust on 01483 412751 if you would like to discuss ways in which you can raise the sponsorship.

<http://www.surreycaretrust.org.uk>